



Education in Palliative and End-of-Life Care®

Northwestern University
Feinberg School of Medicine
750 North Lake Shore Drive, Suite 601
Chicago, Illinois 60611
www.epec.net

Nonprofit
Organization
U.S. Postage
PAID
Permit #50086
Palatine, IL

Northwestern Medicine®
Feinberg School of Medicine



Education in Palliative and End-of-Life Care®



The 24th Annual EPEC Trainer Conferences and Professional Development Workshop

SEPTEMBER 28-30th, 2023
HYATT LODGE AT MCDONALD'S CAMPUS | OAK BROOK, IL

Northwestern University
Feinberg School of Medicine
www.epec.net



3 Days, 3 Conferences

EPEC's annual event consists of 3 distinct conference opportunities:

- “Become an EPEC Trainer” on September 28th & September 29th
- “Become an EPEC-Emergency Medicine Trainer” (EM) on September 28th & September 29th
- “Professional Development Workshop” (PDW) on September 30th

The Professional Development Workshop can be attended separately or in conjunction with either “Become a Trainer” conference.

“Become an EPEC Trainer” and “Become an EPEC-EM Trainer” conferences lead to participants becoming certified EPEC Trainers who can implement effective palliative care practices at their home institutions and teach others to do the same. The PDW provides opportunities to practice and further enhance teaching and leadership skills.

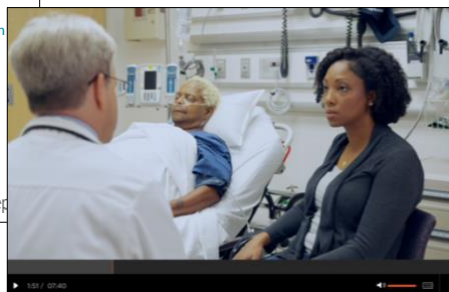
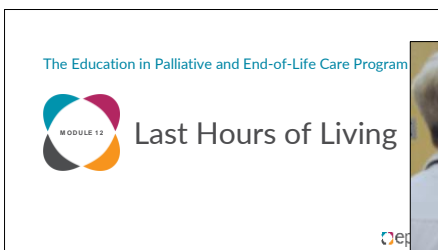
Why EPEC?

The Education in Palliative and End-of-life Care (EPEC) program, founded in 1999, uses a high-impact, high dissemination curriculum to spread primary palliative care competencies to health care providers across the US and the world. More than 3,500 EPEC Trainers in the US and 25 countries abroad teach the EPEC curriculum to thousands of their colleagues each year. The EPEC program

- » Is built upon a comprehensive, interdisciplinary palliative care curriculum written and continually updated by experts in the field.
- » Provides a unique opportunity to learn to teach palliative care to colleagues.
- » Allows for hands-on practice to train in effective educational techniques to reach adult learners, including *case-based teaching, role play, and interactive lectures.*
- » Is led by experienced palliative care faculty and maintains a very low faculty-to-participant ratio. (*1:20 in Trainer conferences, 1:8 in the PDW*)

Updated Curriculum

For 2023, we are excited to present all slides in an updated format and introduce new videos for the EPEC Core curriculum.



Conference Registration and Pricing

To register for a conference, go to www.epec.net to complete the online registration form. For more information, please email us at epec@northwestern.edu. Refunds minus a \$50 handling fee will be granted if requested prior to **August 30, 2023**. Refunds will not be given after this date. Registration fees can be applied to participation in a future equivalent conference.

	Before August 30	After August 30
EPEC* Sep 28-29	\$795	\$995
EPEC-EM* Sep 28-29	\$795	\$995
Professional Development Workshop Sep 30	\$450	\$595
EPEC or EPEC - EM and PDW Sep 28-30	\$1100	\$1300

Conference fees include: breakfast and lunch each day, electronic copies of the slides and videos as well as teacher notes and a chapter on each topic.

Hotel Information

The conference will be held at 2715 Jorie Blvd, Oak Brook, IL 60523. Lodging is at the adjacent Hyatt Lodge. Call the Hyatt Lodge for reservations at 888-421-1442 and mention the “Annual EPEC Conference and PDW” to receive our discounted rate of \$189.



***Continuing Education Credit information is currently pending.**



Arthur R. Derse, MD, JD
 Director, Center for Bioethics
 and Medical Humanities
 Medical College of Wisconsin
 Milwaukee, WI
 Master Facilitator, EPEC and EPEC-EM



Paul DeSandre, DO
 Associate Professor of Emergency
 Medicine, Emory University
 Chief of Palliative and Supportive Care
 at Grady Memorial Hospital
 Atlanta, GA
 Master Facilitator, EPEC-EM



Joshua Hauser, MD, FAAHPM
 Director, EPEC
 Associate Professor, Feinberg School
 of Medicine
 Northwestern University
 Chicago, IL
 Master Facilitator, EPEC and PDW



Michael Preodor, MD
 Retired Medical Director, Palliative Care
 Advocate Lutheran General Hospital
 Park Ridge, IL
 Master Facilitator, EPEC and PDW



Tammie Quest, MD, FAAHPM
 Director, Emory Palliative Care Center
 Emory University School of Medicine
 Past President, American Academy of
 Hospice & Palliative Medicine
 Atlanta, GA
 Master Facilitator, EPEC-EM



Gordon J. Wood, MD, FAAHPM
 Associate Director, EPEC
 Associate Professor, Feinberg School of
 Medicine
 Northwestern University
 Chicago, IL
 Master Facilitator, EPEC and PDW

'Become an EPEC Trainer' Conference

The 'Become an EPEC Trainer' is the core EPEC curriculum aimed at clinicians of all disciplines who care for seriously ill patients. This conference teaches essential palliative care competencies and focuses equally on teaching people how to teach these competencies to others. Attendees receive electronic copies of the slides and videos as well as teacher notes and a chapter on each topic.

September 28

8:00 a.m. to 5:00 p.m.

- » Elements and Gaps of Care
- » Whole Patient Assessment and Goals of Care
- » Communicating Bad News
- » Pain Management
- » Psychosocial Issues
- » Depression, Anxiety & Delirium
- » Physical Symptoms
- » Legal Issues

September 29

8:00 a.m. to 5:00 p.m.

- » Medical Futility
- » Physician-Assisted Suicide
- » Withholding/Withdrawing Therapy
- » Last Hours of Living
- » Professional Self-Care
- » Planning an Educational Event
- » Next Steps

EPEC Objectives

At the conclusion of this conference, participants will be able to:

- » Describe the gaps in and elements and models of end-of-life care and related legal issues.
- » Explain the principles of pain management and recognize other common symptoms, including dyspnea, nausea/vomiting, constipation, depression, anxiety, and delirium.
- » State strategies to address requests for physician-assisted suicide, sudden illness, medical futility, and withholding/withdrawing therapy.
- » Identify approaches to effective communication, decision making about goals of care, advance care planning, and whole patient assessment.
- » Improve palliative care teaching skills.

'Become an EPEC-Emergency Medicine Trainer' Conference

The 'Become an EPEC - EM Trainer' Conference is an adaptation of the core EPEC curriculum focused on Palliative Care in the Emergency Department. This conference teaches essential palliative care competencies and focuses equally on teaching people how to teach these competencies to others, including also providing electronic copies of the slides and videos as well as teacher notes and a chapter on each topic.

September 28

8:00 a.m. to 5:00 p.m.

- » Ethical and Legal Issues
- » Trajectories and Prognoses
- » Rapid Palliative Care Assessment
- » Goals of Care
- » Advance Care Planning
- » Caring for Hospice Patients
- » Psychosocial Aspects of Care
- » Withholding/Withdrawing Therapy
- » Family-witnessed Resuscitation
- » Breaking Bad News

September 29

8:00 a.m. to 5:00 p.m.

- » Common Symptoms
- » Chronic Pain
- » Malignant Pain
- » Complications of Cancer
- » Last Hours of Living
- » Teaching Palliative Care in the ED
 - Interactive Teaching
 - Role Playing
 - Case-based Teaching

EPEC-EM Objectives

At the conclusion of this conference, participants will be able to:

- » Describe elements, models of, and legal issues pertinent to end-of-life care in the emergency setting.
- » Explain the principles used in the rapid assessment of patients near the end-of-life.
- » Describe rapid communication strategies, how to successfully implement family-witnessed resuscitation, how to communicate effectively, and how to guide decision making.
- » Improve palliative care teaching skills.

Professional Development Workshop

The target audience for this workshop is those who want to further enhance their teaching and leadership skills. The Professional Development Workshop (PDW) features in-depth teaching and feedback opportunities for participants and is a required course for participants interested in becoming EPEC Master Facilitators.

September 30

8:00 a.m. to 5:00 p.m.

Improving Teaching Skills

- » Know Your Curriculum: Structure and background of EPEC
- » Giving Interactive Lectures
- » Facilitating Small Group Discussions
- » Teaching with Role Play

PDW Objectives

At the conclusion of this conference, participants will be able to:

- » Describe adult learning theory and recognize how clinicians learn.
- » Practice giving interactive lectures.
- » Practice facilitating small group teaching.
- » Practice running a role play.

