



Education in Palliative and End-of-Life Care®

# Virtual Become an EPEC Trainer Conference

October 22, 2021

9:00 AM – 3:30 PM (CT)

October 23, 2021

9:00 AM – 11:30 AM (CT)



# Become an EPEC Trainer

The 'Become an EPEC Trainer' is the core EPEC curriculum aimed at clinicians of all disciplines who care for seriously ill patients. This conference teaches essential palliative care competencies with a focus on teaching people how to teach these competencies to others.

## OBJECTIVES

- Describe the gaps in and elements and models of end-of-life care and related legal issues.
- Explain principles of pain management and recognize other symptoms, including nausea/vomiting, constipation, depression, anxiety, and delirium.
- State strategies to address requests for physician-assisted suicide, sudden illness, medical futility, and withholding/withdrawing therapy.
- Identify approaches to effective communication, decision making about goals of care, advance care planning, and whole patient assessment.
- Improve palliative care teaching skills.

## AGENDA

### Friday Oct 22nd, 9:00-11:30 (CT): Symptoms

9:00-9:45	Intro/Plenary 1: Elements and Models of Palliative Care
9:45-10:15	GI Symptoms
10:25-11:00	Pain
11:00-11:30	Depression

### Friday 1:00-3:30 (CT): Communication, Ethics, Goals of Care

1:00-1:45	Legal Issues
1:45-2:30	Communicating Difficult News
2:40-3:20	Whole Patient Assessment/Goals of Care
3:20-3:30	Wrap-Up

### Saturday, Oct 23rd, 9:00-11:30 (CT): Self-care and Planning Education

9:00-9:40	Self-care
9:45-10:15	Teaching EPEC Virtually
10:15-10:45	Planning your Education
10:50-11:20	Education Plan Presentations
11:20-11:30	Next Steps

All participants will receive an electronic version of the full EPEC curriculum for their use and presentations. Upon completion, all participants will be certified as EPEC Trainers.

Registration fee: \$550 Physicians | \$450 Other healthcare professionals

## Conference Faculty



**Arthur R. Derse, MD, JD, FACEP**  
Director, Center for Bioethics and  
Medical Humanities  
Medical College of Wisconsin  
Milwaukee, WI



**Joshua Hauser, MD, FAAHPM**  
Director, EPEC  
Associate Professor, Feinberg School of Medicine  
Northwestern University  
Chicago, IL



**Michael Preodor, MD, FACP**  
Retired Medical Director, Palliative Care  
Advocate Lutheran General Hospital  
Park Ridge, IL



**Gordon J. Wood, MD, FAAHPM**  
Associate Director, EPEC  
Associate Professor, Feinberg School of Medicine  
Northwestern University  
Chicago, IL

## Joint Accreditation Statement



In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and Feinberg School of Medicine/Northwestern University. Postgraduate Institute for Medicine is jointly

accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

## Continuing Education Credit Information

Physician Continuing Medical Education - The Postgraduate Institute for Medicine designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Nursing Education - The maximum number of hours awarded for this Continuing Nursing Education activity is 7.5 contact hours.



Social Worker Education - As a Jointly Accredited Organization, Postgraduate Institute for Medicine is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Postgraduate Institute for Medicine maintains responsibility for this course. Social workers completing this course receive 7.5 clinical continuing education credits.

## Disclosure of Conflicts of Interest

Postgraduate Institute for Medicine (PIM) requires faculty, planners, and others in control of educational content to disclose all their financial relationships with ineligible companies. All identified conflicts of interest (COI) are thoroughly vetted and mitigated according to PIM policy. The existence or absence of COI for everyone in a position to control educational content will be disclosed to participants prior to the start of each activity.

**For more information and to register go to [www.epec.net](http://www.epec.net) or email us at [epec@northwestern.edu](mailto:epec@northwestern.edu)**