EPEC®
Education in Palliative and End-of-life Care

PRESENTS

The 20th Annual
EPEC Trainer Conferences and
Professional Development Workshop

OCTOBER 17-19, 2019
HYATT LODGE AT MCDONALD’S CAMPUS | OAK BROOK, IL

Northwestern University
312-503-EPEC (3732)
www.epec.net
EPEC’s annual event features 3 distinct conference opportunities. On days 1 & 2, attendees can choose to attend the “Become an EPEC Trainer” or the “Become an EPEC-Emergency Medicine Trainer” (EM) conference. The “Professional Development Workshop” (PDW) will be held on Day 3 and can be attended separately or in conjunction with either “Become a Trainer” conference.

“Become an EPEC Trainer” and “Become an EPEC-EM Trainer” conferences lead to participants becoming certified EPEC Trainers who can implement effective palliative care practices at their home institutions and teach others to do the same. The PDW provides opportunities to practice and further enhance teaching and leadership skills.

Why EPEC?
The Education in Palliative and End-of-life Care (EPEC) program, founded in 1999, uses a high-impact, high dissemination curriculum to spread primary palliative care competencies to health care providers across the US and the world. More than 3,500 EPEC Trainers in the US and 25 countries abroad teach the EPEC curriculum to thousands of their colleagues each year. The EPEC program:

» is built upon a comprehensive, interdisciplinary palliative care curriculum written and continually updated by experts in the field.
» provides a unique opportunity to learn to teach palliative care to colleagues.
» allows for hands-on practice to train in effective educational techniques to reach adult learners, including case-based teaching, role play, and interactive lectures.
» is led by experienced palliative care faculty and maintains a very low faculty-to-participant ratio. (1:25 in Trainer conferences, 1:8 in the PDW)

To register for a conference, go to www.epec.net to complete the online registration form. For more information, please call us at 312-503-3732. Refunds minus a $50 handling fee will be granted if requested prior to September 1, 2019. Refunds will not be given after this date. Registration fees can be applied to participation in a future equivalent conference.

Before Sep 15 | After Sep 16
---|---
EPEC Oct 17-19 | $1295 | $1395
EPEC-EM Oct 17-19 | $1295 | $1395
Professional Development Workshop (PDW) Oct 19 | $695 | $795
EPEC or EPEC - EM and PDW Oct 17-19 | $1750 | $1950

Conference fees include: breakfast and lunch each day, electronic copies of all curricula and video vignettes.

Hotel Information
The conference will be held at Hamburger University, located at 2715 Jorie Blvd, Oak Brook, IL 60523. Call the Hyatt Lodge for reservations at 888-421-1442 and mention the “Annual EPEC Conference and PDW” to receive our discounted rate of $155.

Continuing Education Credit Information
Physician Continuing Medical Education - The Postgraduate Institute for Medicine designates this live activity for a maximum of 14.75 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Nursing Education - The maximum number of hours awarded for this Continuing Nursing Education activity is 14.75 contact hours.

Social Worker Education - As a Jointly Accredited Organization, Postgraduate Institute for Medicine is approved to offer social work continuing education by the Association of Social Work Boards (ASWR) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Postgraduate Institute for Medicine maintains responsibility for this course. Social workers completing this course receive 14.75 clinical continuing education credits.
Conference Faculty

Master Facilitators

Arthur R. Derse, MD, JD
Director, Center for Bioethics and Medical Humanities
Medical College of Wisconsin
Milwaukee, WI
Master Facilitator, EPEC and EPEC-EM

Michael Gisondi, MD
Associate Professor and Vice Chair of Education
Department of Emergency Medicine
Stanford University School of Medicine
Palo Alto, CA
Master Facilitator, EPEC-EM

Joshua Hauser, MD, FAAHPM
Director, EPEC
Associate Professor, Feinberg School of Medicine
Northwestern University
Chicago, IL
Master Facilitator, EPEC and PDW

Daniel Maison, MD
National Medical Director at Seasons Hospice and Palliative Care
Mishawaka, IN
Master Facilitator, EPEC

Michael Preodor, MD
Retired Medical Director, Palliative Care
Advocate Lutheran General Hospital
Park Ridge, IL
Master Facilitator, EPEC and PDW

Tammie Quest, MD, FAAHPM
Director, Emory Palliative Care Center
Emory University School of Medicine
President, American Academy of Hospice & Palliative Medicine
Atlanta, GA
Master Facilitator, EPEC-EM

Gordon J. Wood, MD, FAAHPM
Associate Director, EPEC
Assistant Professor, Feinberg School of Medicine
Northwestern University
Chicago, IL
Master Facilitator, EPEC and PDW

‘Become an EPEC Trainer’ Conference

The ‘Become an EPEC Trainer’ is the core EPEC curriculum aimed at clinicians of all disciplines who care for seriously ill patients. This conference teaches essential palliative care competencies and also provides electronic copies of the slides and videos as well as teacher notes and a chapter on each topic so participants can teach others when they return to their home setting.

October 17
8:00 a.m. to 5:00 p.m.

» Elements and Gaps of Care
» Whole Patient Assessment and Goals of Care
» Communicating Bad News
» Pain Management
» Psychosocial Issues
» Depression, Anxiety & Delirium
» Physical Symptoms
» Legal Issues

October 18
8:00 a.m. to 4:30 p.m.

» Medical Futility
» Physician-Assisted Suicide
» Withholding/Withdrawing Therapy
» Last Hours of Living
» Professional Self-Care
» Planning an Educational Event
» Next Steps

EPEC Objectives

At the conclusion of this conference, participants will be able to:

» describe the gaps in and elements and models of end-of-life care and related legal issues.

» explain the principles of pain management and recognize other common symptoms, including dyspnea, nausea/vomiting, constipation, depression, anxiety, and delirium.

» state strategies to address requests for physician-assisted suicide, sudden illness, medical futility, and withholding/withdrawing therapy.

» identify approaches to effective communication, decision making about goals of care, advance care planning, and whole patient assessment.

» improve palliative care teaching skills.

*See inside back cover for Continuing Education Credit Information
'Become an EPEC-Emergency Medicine Trainer’ Conference

The ‘Become an EPEC - EM Trainer’ Conference is an adaptation of the core EPEC curriculum focused on Palliative Care in the Emergency Department. This conference teaches essential palliative care competencies and also provides electronic copies of the slides and videos as well as teacher notes and a chapter on each topic so participants can teach others when they return to their home setting.

October 17
8:00 a.m. to 5:45 p.m.
» Ethical and Legal Issues
» Trajectories and Prognoses
» Rapid Palliative Care Assessment
» Goals of Care
» Advance Care Planning
» Caring for Hospice Patients
» Psychosocial Aspects of Care
» Withholding/Withdrawing Therapy
» Family-witnessed Resuscitation
» Breaking Bad News

October 18
8:00 a.m. to 5:00 p.m.
» Common Symptoms
» Chronic Pain
» Malignant Pain
» Complications of Cancer
» Last Hours of Living
» Teaching Palliative Care in the ED
  • Interactive Teaching
  • Role Playing
  • Case-based Teaching

PDW OBJECTIVES

Professional Development Workshop

The target audience for this workshop is those who want to further enhance their teaching and leadership skills. The Professional Development Workshop (PDW) features in-depth teaching and feedback opportunities for participants, and is a required course for participants interested in becoming EPEC Master Facilitators.

October 19
8:00 a.m. to 5:00 p.m
Improving Teaching Skills
» Know Your Curriculum: Structure and background of EPEC
» Giving Interactive Lectures
» Facilitating small group discussions
» Teaching with Role Play
» Know Your System
» Establishing New Norms

EPEC-EM OBJECTIVES

At the conclusion of this conference, participants will be able to:

» describe elements, models of, and legal issues pertinent to end-of-life care in the emergency setting.
» explain the principles used in the rapid assessment of patients near the end-of-life.
» describe rapid communication strategies, how to successfully implement family-witnessed resuscitation, how to communicate effectively, guide decision making.
» improve palliative care teaching skills.

*See inside back cover for Continuing Education Credit Information

Continuing Education Credit Information

Physician Continuing Medical Education - The Postgraduate Institute for Medicine designates this live activity for a maximum of 7.75 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Nursing Education - The maximum number of hours awarded for this Continuing Nursing Education activity is 7.75 contact hours.

Social Worker Education - As a Jointly Accredited Organization, Postgraduate Institute for Medicine is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Postgraduate Institute for Medicine maintains responsibility for this course. Social workers completing this course receive 7.75 clinical continuing education credits.
The 'Become an EPEC - EM Trainer’ Conference is an adaptation of the core EPEC curriculum focused on Palliative Care in the Emergency Department. This conference teaches essential palliative care competencies and also provides electronic copies of the slides and videos as well as teacher notes and a chapter on each topic so participants can teach others when they return to their home setting.

**EPEC-EM OBJECTIVES**

At the conclusion of this conference, participants will be able to:

- describe elements, models of, and legal issues pertinent to end-of-life care in the emergency setting.
- explain the principles used in the rapid assessment of patients near the end-of-life.
- describe rapid communication strategies, how to successfully implement family-witnessed resuscitation, how to communicate effectively, guide decision making.
- improve palliative care teaching skills.

---

**Professional Development Workshop**

The target audience for this workshop is those who want to further enhance their teaching and leadership skills. The Professional Development Workshop (PDW) features in-depth teaching and feedback opportunities for participants, and is a required course for participants interested in becoming EPEC Master Facilitators.

**PDW OBJECTIVES**

At the conclusion of this conference, participants will be able to:

- Describe adult learning theory and recognize how clinicians learn.
- Practice giving interactive lectures.
- Practice facilitating small group teaching.
- Practice running a role play.

---

**Continuing Education Credit Information**

Physician Continuing Medical Education - The Postgraduate Institute for Medicine designates this live activity for a maximum of 7.75 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Nursing Education - The maximum number of hours awarded for this Continuing Nursing Education activity is 7.75 contact hours.

Social Worker Education - As a Jointly Accredited Organization, Postgraduate Institute for Medicine is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Postgraduate Institute for Medicine maintains responsibility for this course. Social workers completing this course receive 7.75 clinical continuing education credits.

*See inside back cover for Continuing Education Credit Information*
The ‘Become an EPEC Trainer’ is the core EPEC curriculum aimed at clinicians of all disciplines who care for seriously ill patients. This conference teaches essential palliative care competencies and also provides electronic copies of the slides and videos as well as teacher notes and a chapter on each topic so participants can teach others when they return to their home setting.

**October 17**  
8:00 a.m. to 5:00 p.m.  
- Elements and Gaps of Care  
- Whole Patient Assessment and Goals of Care  
- Communicating Bad News  
- Pain Management  
- Psychosocial Issues  
- Depression, Anxiety & Delirium  
- Physical Symptoms  
- Legal Issues

**October 18**  
8:00 a.m. to 4:30 p.m.  
- Medical Futility  
- Physician-Assisted Suicide  
- Withholding/Withdrawing Therapy  
- Last Hours of Living  
- Professional Self-Care  
- Planning an Educational Event  
- Next Steps

**EPEC OBJECTIVES**

At the conclusion of this conference, participants will be able to:

- describe the gaps in and elements and models of end-of-life care and related legal issues.
- explain the principles of pain management and recognize other common symptoms, including dyspnea, nausea/vomiting, constipation, depression, anxiety, and delirium.
- state strategies to address requests for physician-assisted suicide, sudden illness, medical futility, and withholding/withdrawing therapy.
- identify approaches to effective communication, decision making about goals of care, advance care planning, and whole patient assessment.
- improve palliative care teaching skills.

*See inside back cover for Continuing Education Credit Information*
EPEC’s annual event features 3 distinct conference opportunities. On days 1 & 2, attendees can choose to attend the “Become an EPEC Trainer” or the “Become an EPEC-Emergency Medicine Trainer” (EM) conference. The “Professional Development Workshop” (PDW) will be held on Day 3 and can be attended separately or in conjunction with either “Become a Trainer” conference.

“Become an EPEC Trainer” and “Become an EPEC-EM Trainer” conferences lead to participants becoming certified EPEC Trainers who can implement effective palliative care practices at their home institutions and teach others to do the same. The PDW provides opportunities to practice and further enhance teaching and leadership skills.

**Why EPEC?**

The Education in Palliative and End-of-life Care (EPEC) program, founded in 1999, uses a high-impact, high dissemination curriculum to spread primary palliative care competencies to health care providers across the US and the world. More than 3,500 EPEC Trainers in the US and 25 countries abroad teach the EPEC curriculum to thousands of their colleagues each year. The EPEC program:

» is built upon a comprehensive, interdisciplinary palliative care curriculum written and continually updated by experts in the field.

» provides a unique opportunity to learn to teach palliative care to colleagues.

» allows for hands-on practice to train in effective educational techniques to reach adult learners, including case-based teaching, role play, and interactive lectures.

» is led by experienced palliative care faculty and maintains a very low faculty-to-participant ratio. (1:25 in Trainer conferences, 1:8 in the PDW)

To register for a conference, go to [www.epec.net](http://www.epec.net) to complete the online registration form. For more information, please call us at 312-503-3732. Refunds minus a $50 handling fee will be granted if requested prior to September 1, 2019. Refunds will not be given after this date. Registration fees can be applied to participation in a future equivalent conference.

### Conference Registration and Pricing

<table>
<thead>
<tr>
<th></th>
<th>Before Sep 15</th>
<th>After Sep 16</th>
</tr>
</thead>
<tbody>
<tr>
<td>EPEC* Oct 17-19</td>
<td>$1295</td>
<td>$1395</td>
</tr>
<tr>
<td>EPEC-EM* Oct 17-19</td>
<td>$1295</td>
<td>$1395</td>
</tr>
<tr>
<td>Professional Development Workshop (PDW) Oct 19</td>
<td>$695</td>
<td>$795</td>
</tr>
<tr>
<td>EPEC or EPEC - EM and PDW Oct 17-19</td>
<td>$1750</td>
<td>$1950</td>
</tr>
</tbody>
</table>

Conference fees include: breakfast and lunch each day, electronic copies of all curricula and video vignettes.

### Hotel Information

The conference will be held at Hamburger University, located at 2715 Jorie Blvd, Oak Brook, IL 60523. Call the Hyatt Lodge for reservations at 888-421-1442 and mention the “Annual EPEC Conference and PDW” to receive our discounted rate of $155.

---

* Continuing Education Credit Information

**Physician Continuing Medical Education - The Postgraduate Institute for Medicine designates this live activity for a maximum of 14.75 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.**

**Continuing Nursing Education - The maximum number of hours awarded for this Continuing Nursing Education activity is 14.75 contact hours.**

**Social Worker Education - As a Jointly Accredited Organization, Postgraduate Institute for Medicine is approved to offer social work continuing education by the Association of Social Work Boards (ASWR) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Postgraduate Institute for Medicine maintains responsibility for this course. Social workers completing this course receive 14.75 clinical continuing education credits.**
EPEC®
Education in Palliative and End-of-life Care

PRESENTS

The 20th Annual
EPEC Trainer Conferences and
Professional Development Workshop

OCTOBER 17-19, 2019
HYATT LODGE AT MCDONALD’S CAMPUS | OAK BROOK, IL

Northwestern University
Feinberg School of Medicine
312-503-EPEC (3732)
www.epec.net